











Activity Matrix

OUR 96 TOP TUTORIAL ACTIVITIES






No	Level	Title	Themes					
1	1 – 2	24/7 Timetable	Time management		•	•		
2	2	3 Steps To Heaven	Target setting			•		•
3	2	Access all Areas	Getting to know each other, building confidence	•			•	
4	1 – 2	Been There, Done That, Got The...?	Contributing in/to groups, recognising achievement		•		•	
5	3	Behaviour Matrix	Agreeing rules, setting boundaries, learning to learn	•		•	•	
6	1 – 3	Bill of Rights and Responsibilities	Agreeing rules, setting boundaries	•		•	•	
7	1 – 3	Building Our Self Esteem	Motivation, expanding horizons, being independent	•	•			
8	1 – 3	Can You Credit It?	Developing self esteem, recognising achievement		•	•		
9	1 – 2	Catching Up	Contributing to groups			•	•	
10	2 – 3	CCR Game	Taking responsibility and ownership	•			•	
11	2 – 3	Charity Auction	Motivation, contributing to groups, problem solving, research				•	





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12	2 – 3	Code of Conduct	Agreeing rules, setting boundaries, contributing in/to groups	•		•		
13	1 – 3	Community Challenge	Contributing to groups, building confidence, problem solving, research				•	
14	1	Counting Time	Time management, taking responsibility and ownership			•		•
15	1 – 3	Crafty Learning	Learning styles and preferences, recognising achievement			•		
16	2	Dennis and Denise	Valuing diversity, developing respect	•				
17	2	Doing the Best With What You've Got	Personal organisation, earning and learning			•		•
18	1 – 2	Don't Tell Me to F**k Off!	Getting to know each other, giving and receiving feedback	•		•		
19	1 – 2	Dream Jobs	Career advice, getting a job, giving and receiving feedback, research					•
20	1 – 3	Equal Opportunities – Feeling Comfortable in College	Setting boundaries, taking responsibility, valuing diversity	•			•	
21	3	Father and Son	Problem solving, valuing diversity			•		
22	2 – 3	Faulty Towers	Learning styles, action planning, learning to learn, contributing in groups, teamwork			•		






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23	1 – 3	File or Fling?	Personal organisation, learning to learn			•		•
24	1 – 2	First Impressions Count!	Interviewing and CV preparation, moving on				•	•
25	3	For The Record	Action planning, learning to learn, note taking			•		
26	2 – 3	Fruit, Postcard, Keyring	Action planning, learning to learn, target setting, recognising achievement			•		•
27	1 – 2	Further on up the Road – F.E.	Moving into F.E., research					•
28	3	Further on up the Road – H.E.	Moving into H.E., research				•	•
29	1 – 3	Get SMART	Personal organisation, action planning, target setting, recognising achievement			•		
30	2 – 3	Get that Job!	Career advice, getting a job, achieving ambition, research				•	•
31	1- 3	Getting The Best From My Classes	Learning to learn, learning styles and preferences			•		
32	1 – 2	Getting To Know You	Getting to know each other		•	•		
33	2	Group Line Up	Getting to know each other, valuing diversity		•	•		






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34	1 – 3	Guest Speakers	Action planning, building and gaining confidence, listening skills, working in groups, research			•		•
35	3	Hot Spots	Taking responsibility, giving and receiving feedback, presentation skills		•	•		
36	2 – 3	How Long Have Drugs Been Around?	Sharing ideas, information, opinions	•	•			
37	1 – 2	Identitykit	Sharing ideas, information, opinions, preparation for moving on, recognising achievement			•	•	
38	1 – 3	I Know What We Know	Contributing in/to groups, memory aids, learning to learn, recognising achievement			•	•	
39	2	It's My World	Getting to know each other, presentation skills, valuing diversity				•	
40	2 – 3	Know, Know, Know	Memory aids, personal organisation, sharing information and ideas, recognising achievement			•	•	
41	1 - 3	Learning Capsule	Memory aids, sharing ideas and information, teamwork, moving on				•	
42	2 – 3	Life Coach	Motivation, personal organisation, learning to learn				•	•






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43	1 – 3	LITS (Line in the Sand)	Setting boundaries, contributing in/to groups, building confidence	•	•		•	
44	2	Magnificent 7	Getting to know each other, teamwork, learning to learn			•		
45	2 – 3	Making a Personal Statement	Preparation for moving on, earning and learning					•
46	3	Meetings Mayhem	Learning to learn, giving and receiving feedback, sharing opinions				•	•
47	2	Memory Magic	Memory aids			•		
48	1 – 3	Me, Too!	Learning to learn, achieving ambitions, recognising achievement			•		
49	1 – 3	Mind Maps	Memory and planning aids, problem solving			•		
50	1 – 2	Mood Jewellery	Giving and receiving feedback, motivation		•			
51	1 – 3	Motivational Pie	Motivation, taking responsibility			•		
52	3	Noticeable Notes	Note taking, memory aids			•		






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

No	Level	Title	Themes					
53	1 – 3	Over to You	Getting to know each other, building confidence, taking responsibility, sharing ideas		•	•	•	
54	2	Pain/Gain	Motivation, taking responsibility			•		•
55	1 – 3	Past, Present, Future	Sharing ideas, information and opinions, moving on, achieving ambitions, recognising achievement		•		•	
56	1 – 2	Personal Challenges	Motivation, building confidence, taking responsibility		•	•		
57	2 – 3	Personal Logo	Building confidence, achieving ambitions, recognising achievement			•		
58	2 – 3	Positive Role Models	Getting to know each other, sharing ideas, information and opinions		•	•		
59	2 – 3	Post it Pat or Araldite AI?	Motivation, developing responsibility		•			•
60	2	Problems into Solutions	Problem solving, taking responsibility, working in groups		•	•		
61	3	Question Time for H.E.	Sharing ideas, information and opinions, moving on					•
62	2 – 3	Rap Pack	Earning and learning, problem solving, sharing ideas, information and opinions, teamwork				•	•

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No	Level	Title	Themes					
63	2	Ready, Set, Go	Learning styles and preferences, personal organisation, giving and receiving feedback			•	•	
64	2	Respect	Getting to know each other, sharing ideas , information and opinions, valuing diversity		•		•	
65	3	Responsibility: Response-ability	Taking responsibility, sharing ideas, information and opinions	•			•	
66	2 – 3	Result! (Hitting My Targets)	Learning to learn, target setting, recognising achievement			•		•
67	3	Road to Success	Target setting, action planning, achieving ambitions, recognising achievement			•		•
68	1 – 3	Roll of Honour	Getting to know each other, building confidence, sharing ideas, information and opinions, recognising achievement		•	•		
69	1 – 3	Saying Goodbye	Moving on, achieving ambitions, recognising achievement, giving and receiving feedback		•	•		
70	1 – 3	Saying Goodbye – We are in Good Shape	Moving on, achieving ambitions, recognising achievement, giving and receiving feedback		•	•		
71	1 – 3	Saying Hello	Getting to know each other			•	•	
72	2 – 3	SCOPE	Contributing in/to groups, presentation skills, problem solving		•	•		

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

No	Level	Title	Themes					
73	1 – 3	Scoring Goals	Action planning, learning to learn, earning and learning, recognising achievement			•		•
74	3	Shaping the Next Prospectus	Moving on, earning and learning, achieving ambitions, sharing ideas and opinions, research				•	•
75	1 – 3	Sort This One Out!	Getting to know each other, problem solving		•	•		
76	3	So You Think You Know...College Policies and Procedures?	Getting to know each other and settling in, sharing information, problem solving, teamwork	•		•	•	
77	1 – 3	So You Think You Know...College Locations, Services and People?	Getting to know each other and settling in, sharing information, problem solving, teamwork	•		•		
78	2	So You Think You Know...Each Other?	Getting to know each other and settling in, sharing information, problem solving, teamwork		•	•		
79	2 – 3	Student Led Induction	Moving on, earning and learning, teamwork, valuing diversity, research			•	•	
80	2	The Way Wot I Learn Best	Learning to learn, learning styles and preferences, recognising achievement			•		
81	1 – 2	This is Me, This is You	Sharing ideas, information and opinions, recognising achievement		•	•		

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82	1 – 2	To Wear or Not to Wear	Valuing diversity, sharing ideas, information and opinions, earning and learning	•				•
83	2	Track Record	Getting to know you, valuing diversity, recognising achievement			•		•
84	1 - 3	University of Life	Action planning, achieving ambitions, recognising achievement, learning to learn			•		•
85	2	Values Agreements	Setting boundaries, learning to learn, getting to know each other, sharing ideas		•		•	
86	1	We Are One	Getting to know each other and settling in, sharing ideas, information and opinions, valuing diversity		•	•		
87	2 – 3	What’s in it for Me?	Learning to learn, motivation			•		•
88	1 – 2	What to Do and When to Do it!	Sharing ideas, information and opinions, getting to know each other, setting boundaries	•		•		
89	3	What, Where and How? – Revising for Tests and Exams	Personal organisation, memory aids			•		•
90	2	Wheel of Life	Getting to know each other, earning and learning, target setting, achieving ambitions		•	•		
91	1 – 3	Where Am I?	Motivation, building self esteem, recognising achievement		•	•		

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92	1 – 2	Who's...?	Getting to know each other, recognising achievement		•	•		
93	1 – 3	Wot You Lookin At?!	Sharing ideas, information and opinions, valuing diversity		•	•		
94	1 – 2	You Are What You Eat (1)	Sharing ideas, information and opinions, research		•			
95	1 – 2	You Are What You Eat (2)	Problem solving, teamwork, presentation skills		•			
96	2	Your Own Motivational CD	Getting to know each other, motivation, teamwork		•	•		

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